

## **Guidance for Ultrasound Reports and Notes to Reduce Denials**

Provided by the American Venous Forum Health Policy Committee

## Ultrasound reports should include:

- 1. Actual reflux times (or valve closure times) in seconds or milliseconds. Do not simply state "significant reflux" or other non-quantitative descriptions.
- 2. Reflux measurements at the saphenofemoral and saphenopopliteal junctions, in addition to proximal thigh, mid-thigh, above knee, below knee, proximal calf, distal calf.
- 3. Similar measurements and documentation of the AAGSV and PAGSV.
- 4. Diameter measurements of the veins in those locations as well.
- 5. Reflux measurements in the femoral and popliteal veins.
- 6. Documentation of perforators: location, diameter, and reflux time, if present.
- 7. Documentation of the absence of venous aneurysm(s), tortuosity, and thrombus in the saphenous veins.
- 8. Documentation of the position of the patient and method of eliciting reflux.

## Notes should include:

- 1. Documentation of symptoms, aggravating factors, and alleviating factors.
- 2. Documentation of the use of analgesics or the reasons their long-term use is unfeasible (eg, allergies, gastritis, GERD, renal impairment, excessive menstrual bleeding).
- 3. Documentation of interference with ADLs (eg, work, standing, cooking, shopping, sleeping, playing with children, etc).
- 4. Documentation of weight loss and exercise or the reasons they are not necessary.
- 5. A documented history of elastic compression stocking use or reasons their use is not feasible (eg, arthritis, back pain, skin irritation).
- 6. Documentation of the size, location, and number of varicosities, changes in the skin, and ulcers.
- 7. The CEAP classification and VCSS scores.
- 8. Pictures if your EMR permits their inclusion.
- 9. If applicable, documentation of planned order of treatment and reasons concomitant procedures are not advisable (eg, patient does not tolerate a higher dose of local anesthetics, anxiety, pain tolerance).
- 10. In cases of varicose veins' bleeding, explanation of why waiting for life-threatening bleeding and blood transfusions is not an appropriate course of action (eg, patient is an elderly individual living alone, patient has CAD, etc).